

Research Article

Cross-Cultural Counseling and Religious Tolerance

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Abstract: This research aims to explain the concept of cross-cultural counseling and religious tolerance. The research methodology involves review literature study and conceptual analysis, drawing insights from scientific journals, books, and relevant documents on cross-cultural counseling and tolerance religious. The findings suggest that cross-cultural counseling is an important and relevant approach in multicultural societies. Culturally sensitive counselors have extensive knowledge and Culturally responsive skills can create an inclusive and supportive environment counseling environment for clients from diverse cultural backgrounds, facilitates effective problem solving and personal growth. This research highlighting the importance of embracing tolerance and respect differences to foster a peaceful and harmonious society amidst culture and religious diversity. In conclusion, cross-cultural counseling presents a sensitive and comprehensive approach in promoting interfaith tolerance in various communities. With respect differences and the rights of individuals to practice their religious beliefs, society can live mutual respect, harmony the spirit of Pancasila as the basis of the Indonesian state.

Keywords: Cross-Cultural, Counseling, Religious Tolerance.

INTRODUCTION

Indonesia is an archipelagic country, stretching from Sabang to Merauke, own riches various variety ethnic group nation And culture. Diversity culture Which It is an asset and wealth of Indonesia that deserves to be preserved (Bakar, 2015). This Cultural Diversity It turns out that it also requires a separate understanding for other people who come from outside the culture (Hidayat, 2018).

Wrong One factor important Which must be considered internal counselor

practice counseling is a cultural problem, cultural factors influence the formation of behavior. Cultural factors must receive serious attention in the implementation of counseling because it is very possible in efforts to solve client problems more effectively based on the client's cultural background himself (Masturi, 2015). Factor culture This covers values religion, Language, gender, ethnic group, ethnicity And etc. Implementation of counseling that takes into account the cultural factors that shape it behavior client known with term counseling cross culture.

Multicultural counseling, also known as cross-cultural counseling, is a form of counseling to understand the client's background behind characteristics Which different (Subhi, 2017). In school very appropriate done a counselor/teacher as officer counseling Which face student from background culture Which different (Sukardiman , 2021) .

In connection with guidance And counseling, specifically in context Indonesia, a counselor does not can ignore client which has background behind culture diverse. In give service guidance And counseling, No closed possibility a counselor will face to face with client Which different Good in matter personality, values, morals and culture. In matter This, a counselor need give award as well as evaluation on culture Which embraced client without belittle or corner culture (Harahap & Firman, 2021).

Apart from being social creatures, humans are also creatures who adhere to religion, and each person has different religious beliefs (Suprpto, 2016). So in the case of schools regarding the presence of different religions, an approach is needed to create an atmosphere of tolerance . Many schools in Indonesia have students in one school coming from many types of religions, so multicultural guidance and counseling is needed that reflects religious humanism and avoids the understanding and practice of religious intolerance (Sutopo, 2021).

The word tolerance, which is the embryo of harmonious life in diversity, comes from the Latin *tolerantia*, which means looseness, gentleness, lightness and patience. The term tolerance can also refer to an open, open-hearted, willing and gentle attitude (Devi, 2020). The conclusion from this is that tolerance is the beginning of harmony, without its realization it is impossible for there to be mutual respect and love. love and mutual cooperation between religious communities. It is the seed of harmony in every difference, even religious life without exception

(Rosyad , Mubarok, Rahman & Huriani, 2021). The real manifestation of these things appears in an attitude of mutual respect, mutual acceptance, mutual appreciation amidst cultural diversity, freedom of expression and human character.

Until moment This, case intolerance Still often happen in Indonesia. Intolerance become challenge latest Which happen in a way repeated in Indonesia. Various cases and events of intolerance that occur in Indonesia tends to have the same pattern every the year (Aini & Aulia , 2022). Even, events and acts of intolerance not only involving adults only, however Already penetrate to circles student.

Article This will try to discuss g the importance of understanding counseling cross culture and deep religious tolerance perspective diversity culture in Indonesia as one of the internal foundations guidance And counseling Which must

be known and understood by a counselor or para educator in give counseling services and guidance to client or his students.

RESEARCH METHODS

This research is a qualitative descriptive research using literature study. The aim is to reveal a picture of cross-cultural counseling and religious tolerance using material collection techniques by conducting field research on the results of research, articles, books and case studies that occurred in the field.

RESULTS AND DISCUSSION

Cross Cultural Counseling

Counseling is a counseling process which involves counselors and clients from different cultures and is carried out by paying attention to the culture of the subjects involved in counseling (Triningtyas, 2019). Counseling cross culture involves both the counselor and the client originate from different cultural backgrounds, and therefore the counseling process is very vulnerable to cultural biases on the part of the counselor which results in counseling No running effectively (Kurniawati & Sa'adah, 2022). In order for it to run effectively, then counselors are required to have cultural sensitivity and free themselves from cultural biases, understand and be able to appreciate cultural diversity, And own culturally responsive skills. With thereby, So counseling is seen as a "cultural encounter" between the counselor and the client (Basit, Kenedi, Afnibar & Ulfatmi, 2023). With pay attention to culture, so Counseling is an increasing integration of partners from culture Which different Good between group nation, ethnic groups, or groups - groups Which their role in a way culture differentiated.

The consequences is counselor must know aspects special culture in process counseling And in style counseling certain they, so that they can handle it in a way more skilled with variable culture That (Sona, 2021). Discussion about problem counseling in context culture No can released from discussion about culture in context psychology, because of its basic foundation science counseling rooted from psychology.

Culture as individual and social constructs load system mark culture And in context psychology perspective culture system mark culture is matter Which underlying attitude And behavior (Zulfa, Haasyim & Maulida , 2022) . S system mark culture is level highest and most abstract from custom customs. Values culture is draft-concept of something life in natural thought part big from citizen a public. Mark culture is things Which they consider as matter Which worth, valuable, And important for life. System Cultural values function as guidance that can provide direction And orientation for community life.

In perspective psychology counseling, Act in demand man as a member public will bound by culture Which seen its form in various institution, which functions as mechanism control for human behavior (Firman & Rahayu, 2020). Cultur e is all something Which studied And taken together socially, by para member something public, so that something culture it's not only accumulation from habits n and system behavior but it is a system behavior Which organized. Values Which

contained in culture become reference attitude And behavior man as individual creatures that do not regardless from connection on life public with cultural orientation Which typical.

Cross-cultural counseling a endeavor understand man in a way comprehensive in context its culture through approach Which nature interpretive. Counseling cross culture offer draft Which comprehensive with dissect problem everyday psychology through context culture. Psychological functions owned by culture possible conducted a study For understand behavior somebody through role social Which expected, norm, And regulation Which applies in the environment. With thereby counseling cross culture use approach contextual or a rejecting emic approach universality theories psychology. Approach emic state that aspect life Which appear And true only in one culture certain, and every culture own draft Which unique.

Speak culture in something public is something Which interesting, Because culture is community meaning And system knowledge together with a local nature (Yusman, Suhaili, Mudjiran & Nirwana, 2021). By general Sari, Nirwana & Riska, (2015) explain culture is form from Budi Power man which covers various knowledge, belief, art, morals, law, customs and abilities and habit other Which obtained man as creature social. For In humans, culture is one that limits and directs behavior (Yanti, Word & Rusdinal, 2020). Culture load rule How We relate with person other, How We think, How We behave, and how we see this world (Hasgimianti, Nirwana & Daharnis, 2017). Culture is the whole system of ideas, actions, and the results of work in community life, which are made the property of humans Which Study (Maryamah, 2017).

Implementation counseling in cross-cultural counseling will involve a counselor and client which originate from background different cultural backgrounds, And Because That process counseling very vulnerable by bias occurs culture on party counselor Which resulting in counseling No walk effective. Effectiveness implementation counseling, for counselor sued For own sensitivity culture And release self from biased culture, understand And can appreciate cultural diversity , And own skills Which responsive in a way cultural . With thereby, then counseling seen as "encounter culture" between counselor and clients (Sari, Sukma & Rizqi, 2019).

In implementation , counselor school Which responsive in a way culture must endeavor use awareness, knowledge And skills mullti culture in in context meeting Which focused on development academy, career, personal or social as well as need para student from environment Which in a way culture is different. Application insightful counseling cross culture requires it counselor pack a and responsive to culture , diversity culture And there is a difference culture between group client Which One with group client Which other, And between counselor Alone with his client .

Religious Tolerance

In essence, God created humans with all differences, including differences in religious beliefs. God created various religions for humans to choose as a way of life

and compete to achieve goodness. In religion, humans are not allowed to impose or blame other people's will others and justify their own will by spreading hatred towards others (Suprpto, 2016). Because every religion basically has road separately to grab inner truth every belief religion which he adhered to. By because That every adherent religion which different must able to understand each other, respect, love, look after each other in carrying out the commandments of each religion they adhere to without ever being disturbed or threatened. Because religion teaches its people to cultivate an attitude of religious tolerance and respect for others (Dewi, Dewi & Furnamasari, 2021) .

Every religion has taught values, norms, actions, behavior good towards its followers who serve as a moral and ethical reference for its people. However, people often justify themselves and blame others. So this can trigger conflict between religious communities. This is a factor in the lack of culture of religious tolerance in society. So schools become one of the first places to practice the culture of religious tolerance which is then brought into people's lives to create beauty amidst religious diversity. Because peace, tranquility and harmony are the dreams of all good people in society. Because there is no religion or belief that advocates hatred, conflict, feelings in the name of religion and others. So, to make this happen, it is important to cultivate an attitude of tolerance between religious communities based on the world of education (Usman, 2015).

In Latin " *tolerare* " which means to be patient with something. Be tolerant, allow, acknowledge and respect other people's beliefs without requiring their approval and disturbing them. In this context, tolerance can be formulated as an attitude and action to respect and give freedom to differences in religion, ethnicity, opinions, attitudes and actions of other people who are different from themselves. tolerance attitude is a attitudes that must be applied in environmental interactions amidst religious diversity in order to be able to adjust to the plurality of religions in Indonesia. In looking at tolerance, there are at least several parameters, namely first, respect for fellow human beings in their entirety, looking man as man Which intact. Second, viewing other people's spiritual lives as their personal rights that cannot be contested or controlled and imposed from outside.

Life in school or public will get peace and peace in the middle diversity religious, if can apply a culture of tolerance that can eliminate negative actions towards other religions. Students at school and society in general will see it positive religious differences so as not to make religious differences the root of conflict. But it will give birth to an atmosphere full of patterns beautiful colour. The values contained in religion are essentially the glue for social cohesion, not disintegration. Ibnu Khaldun, a Muslim scientist, also had thoughts about the importance of maintaining social cohesion (*ashobiyah*) to achieve what is called prosperity and prosperity for all (Subhi, 2017).

So it is important to implement a culture of religious tolerance starting from an early age in the school environment through cross-religious counseling. Because the function of education is as a place to instill values. Through cultural education, the cultivation of moral values can be carried out appropriately. Cultural education of religious tolerance can be carried out in the world of education namely schools.

Religious tolerance is an understanding that takes the form of recognition of the existence of other religions. Religious tolerance also has the meaning of religious freedom, but it does not mean freedom to follow the rituals of all religions, but provides freedom for other religions in their respective worship procedures based on their religious beliefs (Devi, 2019).

So religious tolerance is a must, Moreover, understanding is given to school students at various levels, so that their thinking has a stronghold to ward off negative doctrines which have the potential to backfire on religious plurality in Indonesia, because students, especially teenagers, are very vulnerable to attitudes. exclusive in religious, so if it is not fortified it will be very dangerous.

An exclusive attitude in religion has the potential to give birth to radicalism in the name of religion, because it will create blind obedience to religion, and even tend to view religion purely textually, thus forgetting contextually. This kind of attitude tends to be closed-minded and considers itself to be the most correct and other views are wrong, even if they are of the same religion. Although an exclusive attitude is not always wrong, when this exclusive attitude is followed by an attitude that tends to be extreme, it will lead to clashes between religious groups or sects within the religion itself (Susanto & Kumala, 2019) .

Closed attitudes in religion tend to be conservative, where they don't want to think deeper, only maintain old traditions, old thoughts and tend to feel finished in thinking, so they often give rise to obedience blind in religious. In attitude Which exclusively, the level of obedience to religious figures or spiritual teachers is increasing increases, where sometimes blind obedience eliminates the critical reasoning of the believers, what remains is only obedience without criticism, even the followers will also be willing to sacrifice themselves when asked by the religious leader.

The Relationship between Cross-Cultural Counseling and Religious Tolerance

Cross counseling Cultural counseling is counseling that involves counselors and counsees who come from different cultural backgrounds , so that in this counseling process it is very vulnerable to cultural biases on the part of the counselor which results in counseling No walk fluent And effective. From definition it is clear that in cross-counseling culture requires a broad understanding of the culture that counselors have in dealing with clients which are different both related to culture and religion (Masturi, 2015).

Diversity is a beauty but can give rise to potential conflict between individuals and individuals, individuals with groups and groups with groups. Religious diversity is something that is natural and can enrich religious treasures to become valuable capital in developing Indonesia into a country filled with various styles of religious life (Pratama, 2016). Diversity within the school environment, It can be very visible, each individual carries a different religious identity, so that religious and cultural differences often lead to each member of the school environment having different religious values (Sinaga & Gulo, 2020) .

Multicultural counseling is really needed in schools because schools are becoming Wrong One embryo important in give birth to generation Which Love

tolerance between religions, including providing an understanding of religious tolerance by discussing subject matter always linked to the issue of religious tolerance, and providing guidance to students with the aim of maintaining unity and unity between religious communities, always implementing good relations with people who of different religions, in this case the students are involved in helping prepare for major religious events, teachers build an attitude of mutual respect, respect, such as students are prohibited from disturbing major events of other religions.

Counseling cross culture is very important especially for students for the sake of self-defense from cultural and religious understandings that are intolerant of the plurality of religious and cultural life, because the process during school, especially high school, is a period of searching for oneself, especially since the level of education below is also older to have such understanding.

Counselors and teachers in schools as cross-cultural counseling officers in formulating counseling goals are influenced by the influence of the client's culture and personality counselor, environment and theories used. So from there a counselor Don't only use approach Which loaded values west in providing cross-religious and cultural counseling, however, it must provide value culture And religion Alone with all wisdom local Also need For considered when providing such counseling. How then n The cultural and religious settings that develop around the school or the surrounding environment must be prioritized, because western cultural settings are different from the settings that exist in Indonesian society. So that is the purpose of counseling Which can be achieved effectively and efficiently, namely creating students who understand the importance of the values of religious tolerance, respect for differences background behind religion and culture as nature or law Lord which cannot be changed.

So cross-cultural counseling is very urgent in the world of education, especially schools that have a plurality of religions and cultures, because will become Foundation nation in build tolerance religious In everyday social life, if students gain a correct understanding of their religion, then their implementation will certainly reflect humanism in religion. Moreover, as explained above, when the counselor understands what must be done before providing counseling to the client, it will have a bigger impact towards students' mindsets in understanding religion in the school environment and in life outside of school, so that clients or counselees will feel safer in living their lives.

CONCLUSION

School becomes a forum for the socialization process for students because they are in the stage of searching for their identity, especially in responding to religious tolerance. So cross-cultural counseling is needed as a solution to potential religious intolerance that enters the school area. Moreover, it is the teacher at school who provides the counseling, of course it will be easier, because they already understand the character of the students. Cultivating the values of religious tolerance among students at school is a must because they are the foundation for building religious moderation and tolerance in Indonesia.

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